CERTIFICATE OF MAILING: I hereby certify that this correspondence is being deposited with the United States Postal vice as first class mail in an envelope addressed to Mail Stop Amendments, P.O. Box 1450, Alexandria, Virginia 22313-

By: Maruaret A SI

Attorney Docket Number: 520-24-003

IN THE UNITED STATES PATENT AND TRADEMARK OFFICE

In re Application of:

Richard Malchar

Serial No: 10/658,615

Examiner: L. Amerson

Filed: September 9, 2003

Art Unit: 3764

For: An Abdominal And Torso Strengthening Apparatus

Mail Stop Amendment Commissioner for Patents P.O. Box 1450 Alexandria, VA 22313-1450

TRANSMITTAL

Sir:

Transmitted herewith is an amendment for this application. Applicant is a small entity.

Fee for Claims

| | Claims Remaining After | Highest No. Previously | Present | | Addit. |
|-------------|------------------------------|---------------------------|---------|--------|--------|
| | Amendment | Paid For | Extra | Rate | Fee |
| TOTAL | 19 | 20 | 0 | 25.00 | 0.00 |
| INDEP. | 3 | 3 | 0 | 100.00 | 0.00 |

If any additional fee is required, charge Account No. 11-1580.

January 20, 2005

Louis A. Mok Reg. No. 22,585

KOPPEL, JACOBS, PATRICK & HEYBL

555 St. Charles Drive, Suite 107 Thousand Oaks, California, 91360

Telephone: (805) 373-0060 Facsimile: (805) 373-1500

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RESPONSE TO OFFICE ACTION

Mail Stop Amendment Commissioner for Patents P.O. Box 1450 Alexandria, VA 22313-1450

Dear Sir:

In response to the Office Action dated September 21, 2004, please amend the above-identified application as follows:

Amendment to the abstract begins on page 2.

Amendments to the claims begin on page 3.

Remarks begin on page 6.